

Freedom Flags

Honoring our SELF, our Story, our Journey in a constantly changing world.

R E S P E C T

“Dots that once come from the Earth transform into the Stars in the Heavens and form the Constellations for Healing in the Sky for Every One.” – Karen Reys



Connect the Dots to Your Own Healing

*"Watch a tiny seed
grow into a
Wildlife
Wonderland."*
Laura Knowles

The Rainbow Song
Line navigates a
series of stories in
a contemporary
dreaming about a
little bird that
didn't trust and
believe in itself
enough to know
that it could fly,
until the day it
found its own
wings.

Karen Reys
Wilson's vision for
CEED (seed)
Community
Engagement and
Education
Development is to
grow shared
spaces that
acknowledge one's
self-worth and
values the concept
of Unity.

Karen is passionate
about healing
together on
Country and
hearing stories
that can lead to
our own personal

growth and
spiritual
development.

Karen said: *"When
clients are able to
connect the dots to
their own healing
and find true
meaning in her
work for
themselves, she
finds it personally
satisfying."*



Healing Circles

Karen Reys Wilson's signature program shares her Aboriginal cultural knowledge as well as the wisdom learned through her own personal, cultural and spiritual journey of healing over the past twenty years.

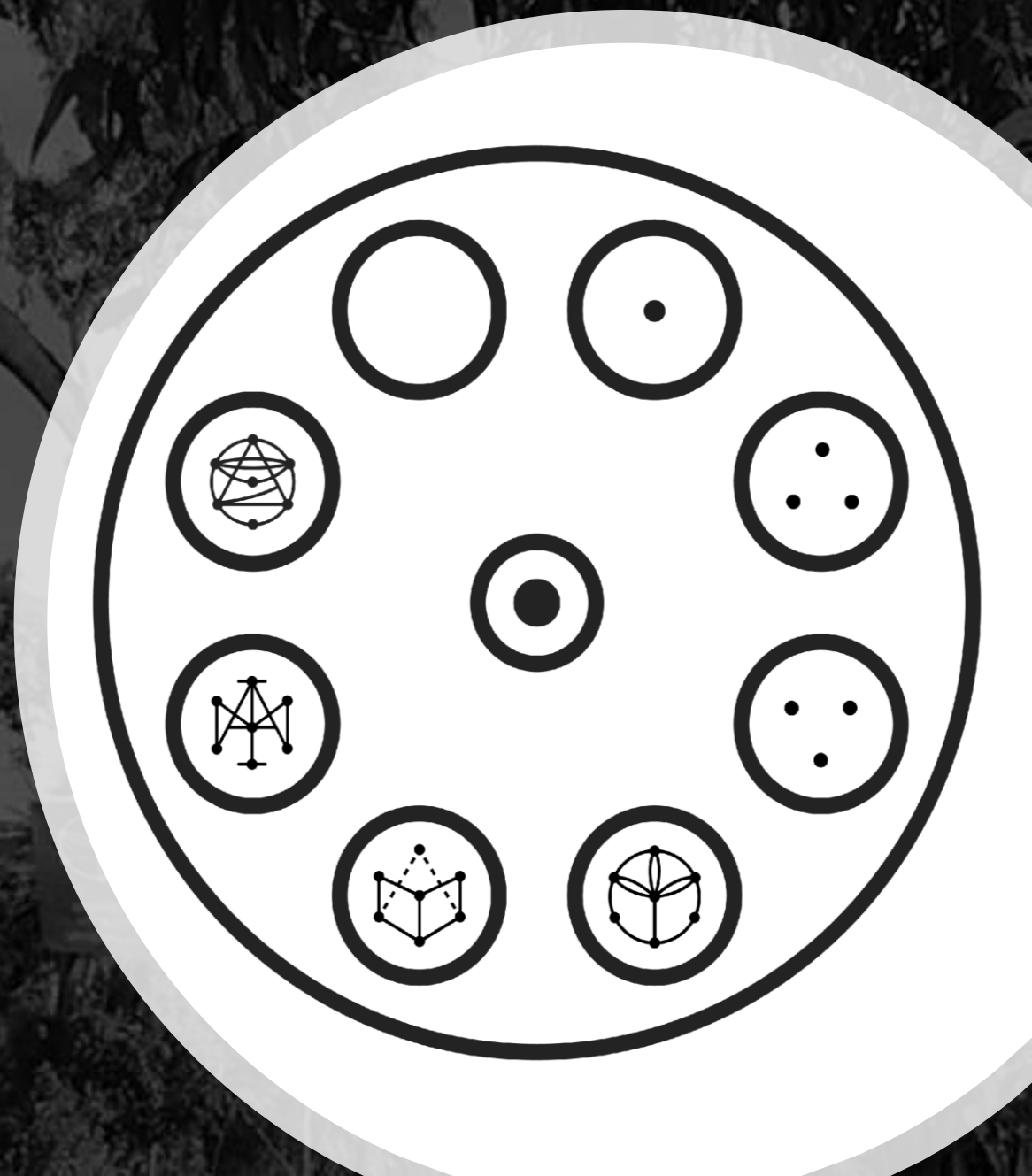
Through storytelling the Rainbow Song Line Workshops take women back to the land to

teach them the Aboriginal traditional lifeways of Country, Song Lines, Deep Listening, Dreaming and Oneness.

The ten workshops provide a culturally safe place for women to explore who they are and what their higher purpose is in life through shared stories,

Indigenous ancient wisdom, alternative healing, shadow wisdom and the creative arts.

The hands-on tools, knowledge and community support will help empower women to listen deeply to their own stories, to find their own answers, and to realise their own potential for themselves.



Freedom Flags

The Rainbow Song Line Dreaming teaches us how to survive in a constantly changing world.

The symbol on the Freedom Flags are a social code that support human beings to find their own meaning and be at home with their place on earth.

A new paradigm for living that will

re-establish the harmony that is most needed in today's society, environment and the world.

Working with the energy and vibration of our Ancestors to create balance, harmony and unity in the Universe, the new lore's are a new beginning of true freedom and peace that connect us back

to the core of our selves, our earth and our Indigenous Dreaming.

The principles of Love, Wisdom, Knowledge, Understanding, Hope, Vision and Medicine (the power and energy of nature to heal ourselves) become intonations in our own SELF healing.



Karen Reys Wilson



Hello I am Karen a descendant of the Gugu Yimithirr Nation, Western Yalanji, Badjala, and Djirrabal people of Queensland.

I am an Aboriginal artist, Healer, Author and Visionary.

My highest values are Authenticity, Honesty, Integrity, Justice, Love, Freedom and Excellence.

I stand up for the rights of individuals to be treated with respect and valued as human beings. I teach this through my signature program.

I hold a Bachelor of Fine Arts, Graduate Certificate in Indigenous Healing Arts and twenty-year experience in Indigenous education that includes a University Lecturer.

I share my story as a commitment to our Ancestors, Mother Earth, Humanity, and to keeping the Aboriginal Dreaming alive.

Responsibility

“What your Spirit is doing is connecting back to land, giving back your Spiritual.”

– Mugay Willy Gordon

Country - Connect to a memory or place and find your own meaning in it.



Energy

“The door to the greatest gift that people have is the energy of life. Life is the energy of Spirit.”

– Mugay Willy Gordon

Deep Listening - Learn to connect in still spaces to unpack your own lessons to learn.



Self

“Shadows reflect what’s happening in the present and a change of lighting can alter its perception.”

– Karen Reys Wilson

Dreamtime - Explore your own morals and values through shared stories.



Purpose

"It's not until you look within that you can truly begin to see what is around you."

– Karen Reys Wilson

Yarning Circle - Yarn through stories and weaving to unpack your soul's purpose.



Express

“When dreaming you got to make a decision, but you have to think about that decision.”

– Mugay Willy Gordon

Spiritual Growth – Take action and find your own authentic voice.

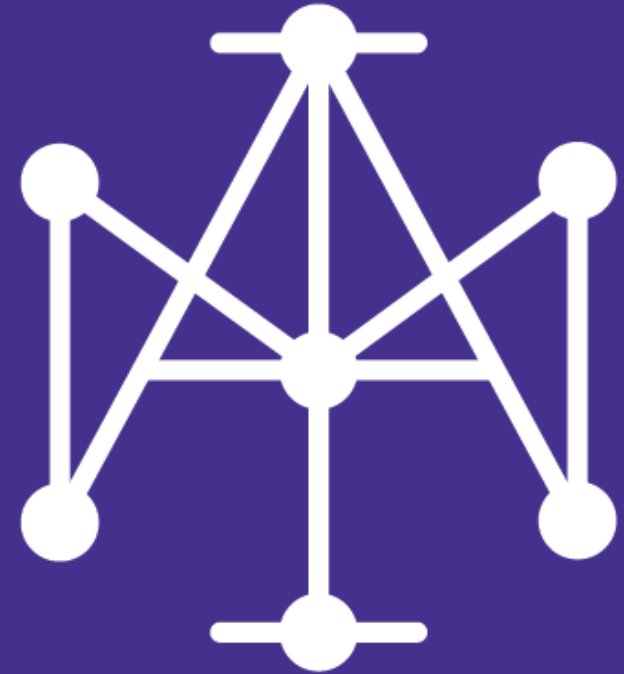


Communicate

"People forget in their minds that they are capable."

- Mugay Willy Gordon

Dreaming - Find your own personal power through totems.



Trust

*“There has to be a centre to everything.
The basis of anybody’s existence.”*

- Mugay Willy Gordon

Oneness - Explore your highest values
through shared stories.



Are you interested in growing and healing communities together?



Ten art and cultural healing workshops will inspire all women to discover and own their true value and unique brilliance through shared stories, Indigenous ancient wisdom, and creative expression such as sculpting, painting, dancing, singing, writing, and weaving.

Testimonials

“After twenty years experience in Indigenous affairs the Rainbow Flags Workshop revitalizes the spirit of the unsung into song for all peoples.”

- Robyn

“An insightful and creative cultural and spiritual journey of healing through Aboriginal knowledge and wisdom experienced through art, song, dance, storytelling, meditation, sisterhood and trust. The workshops will empower you to discover your higher purpose and take you on a beautiful journey of self-discovery with lifelong friendships created along the way.”

– Cynthia

Our souls do not speak human language; they communicate to us through symbols, metaphors, visions, poetry, deep feelings, and everyday magic.



Cultural Retreat, Wallaby Creek, September 2020

Testimonials

“Karen is a healer of spirit and heart. Karen and her sisters weave a safe space to explore traditional and contemporary Indigenous healing. The Rainbow Song Line allows a woman with white pigmentation to be held gently while exploring connection to country. Indigenous perspectives of spirituality and relationships, while offering my heart in ownership of any racism that I may hold as a privileged person. I have been gifted with a pathway to be included, a heart pathway into a wisdom tradition of 60,000 years. I have had so many insights. I have cried. I have laughed. I have been held. I have danced, created art and spoken my truth. I have sisters.”

– Velvet

*“Incredibly magical
doing it with
Indigenous
women.”*

*“Real legitimate
– doing it
proper way –
real way.”*



Co-Facilitators – photo right Susan Reys, Karen Reys Wilson, Jennifer King.

Testimonials

“Karen’s healing workshop was a delightful experience. Karen gently guided us on a journey which explored personal histories and relationships and moved to find ways to create visions for a positive and purposeful life. Through creative arts practice, meditations and discussions the group came together in a safe and supportive environment. We enjoyed the use of these creative practices to tap into our personal strengths.”

– Hannah



Willy Gordon Tour, Cooktown

Specialist
Guest Facilitators 2020
Aunty Theresa
Mugay Willy Gordon
Mugay David Hudson
Pauline Lampton
Hannah Parker



“Cross-cultural sharing.”

Testimonials

“The workshop enables the participant to get back to centre of self amidst chaotic changing conditioning of modern life.”

– Robyn

“I have worked on many Indigenous communities over the last 35 years as a community artist, however I have never truly been out on Country until I was honoured enough to be invited by Karen Reys on a tour by Uncle Willy Gordon. My eyes, my understanding and my heart have all been opened. My white privilege has been exposed my white fragility shattered. I am so very grateful to begin a journey of how to live on this land respectfully, honourably and in conjunction with the carers of this land, my only disappointment is that I did not do this sooner.”

– Susan



Testimonials

“Karen is incredibly gifted in making space for healing and journeying in a safe, nurturing, non-judgmental and expansive way. I have loved my meditating, healing and sharing experiences with Karen as she emanates humility, gentleness, confidence, authenticity, empathy and conviction. I have felt openness and non-judgement from Karen, which are important for me when I need to feel safe, supported and accepted during times of connected and vulnerable sharing. I feel very grateful towards Karen for sharing her skills and knowledge with us and looking forward to continuing our experiences together.”

- Nadeeka



“Allows us to be women.”



Acknowledgements

Karen Reys Wilson is grateful to her family, friends and especially Mugay Edgar for his vision of the Rainbow and Mugay Willy for his guidance and spiritual insights. With your love and support I continue to unfold the wisdom within.

ENQUIRIES

Freedom Flags & Aboriginal Cultural Healing Program

Karen Reys Wilson

CEED & Healing Together on Country

Mobile: 0422 930 402

Email: k.reys@outlook.com

© Rainbow Song Lines - Karen Reys Wilson, 2020



“Wishes are the seeds from which dreams grow.

Dream Big.” – Amy Hamilton

